



How to make your dreams Come True with Integris!!!

Rediscovering Your “Why” is the First Step

Do you remember when you still had dreams for your future? Do you remember what those dreams were?

- If you had enough money, what would you be doing with your time?

When you rediscover your dreams—your “why” for your life—you will have the reason for actively working to build your independently owned health business..

It is only when we want to take in the view from upstairs that we will make the effort to climb the stairs.

So, picture in your mind your aspirations for the future. Tell your up-line what your aspirations are. Whatever you want, we’ll help you choose a viable path to get it.

For instance, is it your objective to have your own nutritional products be paid for by your efforts?

Do you want \$500 a month extra to spend on a fascinating hobby?

Would it be fulfilling for you to help others become healthy and disease-free while being well rewarded financially for your service?

Do you want to enjoy vacations with your children, parents or friends?

Do you dream of owning horses or having a particular kind of car to drive, a cabin retreat or a particular style of house to live in?

Money is never a big enough reason by itself. Your real dreams of personal fulfillment will be as unique as your fingerprint... and strong enough to bring you into action daily.

With your health business “vehicle” and the help of your up-line, the money and freedom to fulfill your dreams will naturally result.

We will help you choose a foolproof plan for building a business that fits your why and that you can accomplish.

With your why established, only then are you ready for the next step.

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Communicating Our Message of Health

Your pathway for transforming your dreams into reality is to introduce people to Integris nutritional and cleansing products.

If you envision success coming by any other way than by communicating our message of health... think again.

It takes **you** (and) **your**



**Communicating
our Message of
Health is the
Way!!!**

team communicating our message to many people for you to succeed.

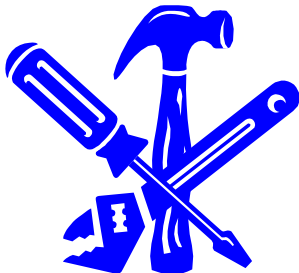
Communication is the Way!!!

As far as how to communicate, you get to choose the exact method you will employ: the phone, CDs, DVDs, signs, the Internet, and so on... sharing a valid solution to America’s nutritional outcry.

We have the ways for you communicate the Integris message and successfully build your own customer base.

It’s possible:

- In less than 8 months, some people have built Integris incomes in excess of \$5,000 per month
- Some Integris distributors are earning incomes in excess of \$50,000 a month.



If you're not **TOOLISH**
then you're **MULE-ish**.

Tools of the Trade

Every endeavor has tools of the trade that make the efforts required much easier. With Integris we have the following communication tools available:

- Live Health Briefing Calls led by Integris Product Counselors
- Live Business Building Calls led by Successful Integris Business Owners
- Recorded Health and/or Business Building Calls
- Personal, Replicated Web Sites
- Leads Generating Systems
- Marketing Materials such as:
 - ◇ DVDs, Audiotapes and Audio CDs
 - ◇ Brochures
 - ◇ Free Samples

With the right tools you can build a customer base of hundreds or thousands. Learn to succinctly point people to the web sites, nutrition and business building calls.

Improve your use of the tools. Show up daily. This is the equivalent of sharpening your axe. You'll cut faster spending time with your tools.



Learn More About The Healthy-Living / Wealthy-Living Tools

How you can get them and use them:

<http://www.wealthy-living.org/tools>

Have a Testimony of Integris Products

Congruency is the ultimate source of personal power to do anything.

You cannot be congruent in communicating the Integris message unless you believe with your heart our message—**that health will come from Integris internal cleansing and nutrient dense food products.**

Your first task is to learn about Integris products, use the products and know first-hand that they promote health.

Here's how to learn more about Integris products:

1. Study the Healthy-Living.Org web site
2. Listen to the National Health Briefing Live Calls and Recorded Calls
3. Use the Integris Products
4. Notice & Record Your Health Improvements

"No one can help lift another unless he or she is standing on firm ground. Our firm ground is products that work."

The Heart to Serve... having Windows, not Mirrors

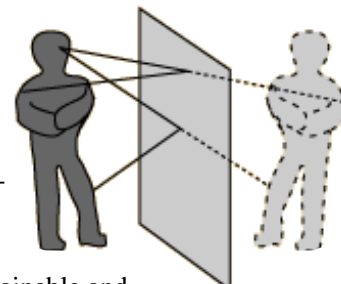
If you have the heart to serve, meaning that when you look out at the world you **see other people, and their needs**, instead of yourself, and your needs, that means you have windows in front of your mind instead of mirrors. And, that means you are equipped with the most important ingredient for success—A RIGHT VIEWPOINT.

Many people fail to notice that they have failed to notice the needs of others.

Only by rectifying this character deficiency

can you succeed with Integris.

It is a simple change once you see it! Dedicating your actions to helping others as **an end in itself** will bring you sustainable and increasing bounty beyond measure.



"Keep your heart... for out of it spring the issues of life."

FOCUS—)))—makes things Heat Up!!!

One of the keys for success is **finding your niche and focusing on it.**

Once you find your niche... then you need to figure out **what is the key activity** that enables success in that niche.

For instance, if you enjoy solving health problems (*with Integris nutrient dense food/cleansing products*), then your key activity (the one that enables success) would be talking to people with health problems—and you ought to consider two particular activities that would get you talking to those people:

1. Calling *Healthy Customers'* leads (these are people with health challenges who have asked for someone to call them with natural/alternative solutions).
2. Placing information (billboards, signs, brochures, Internet web sites) regarding our solutions to health challenges in areas where people with health challenges will see that information... and **call you.**

If you prefer helping people to maintain their health, instead of solving health challenges, then consider the activities of:

1. Passing out the *Sharing a Better Life* DVD.
2. Pointing people to the web sites and live health briefing phone calls.

Do these actions every single day and encourage those on your team do it too. The result is **GUARANTEED SUCCESS** if you persevere long enough. (As with nearly every activity in life, perseverance is essential to success with Integris.)

If you desire to be the **General of an Army** of distributors who are keen on making a massive difference with you, then you should focus on pointing these “explosive-growth minded” people to our tools that explain why Integris products and Integris financial rewards are a powerful combination. Do this by:

1. Introducing your new business owners to all the tools, especially the Healthy-Living calls schedule
2. Showing your business owners how to email and mail prospects our promotional materials
3. Helping prospects discover their niche

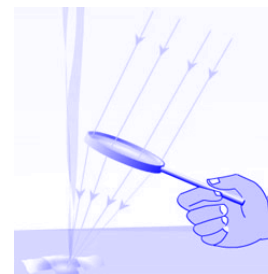
The Daily Habit of Sharing a Better Life Through E7

Did you share a *Sharing a Better Life* DVD with someone today or invite someone to a National Health Briefing?

Do you know that the simple habit of “tooling”—sharing a DVD or CD, inviting someone to a Health Briefing, giving away an E7 newspaper, etc. is the **simple secret** that will make your Integris dreams come true?

Do you think you could learn to say, “[Name], this eight minute DVD or this 30 minute Live National Health Briefing has a great message about living healthier and longer. It’s a must for your health.”... and then add “I want the DVD back in a few days; or, do I have your word and promise that you will listen by tomorrow?”

If you expect your downline to do it, then you must *model* it, too!



The difference between focus and non-focus can be the difference between something happening OR something not happening.

“Circumstances make us face fear; preparation helps us have courage... but action is the only weapon that overpowers fear, so ready, set, action!”



Success begins at the bottom of the mountain with the first step... and each step thereafter.

**HEALTHY-LIVING
WEALTHY-LIVING**

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Orem, UT 84097

Phone: 801.221.9797

Toll Free: 866.257.0538

Email: info@healthy-living.org

E7 is the best food on earth for your health!

WE'RE ON THE WEB.
WWW.HEALTHY-LIVING.
ORG
WWW.WEALTHY-LIVING.
ORG

Phone Call Schedule

All Times are for Central Time Zone

Health Calls

Live National Health Briefings
1-212-461-5860 (2369#)

Mon, Tues, Thurs—7:30 PM CST
Wed & Friday—9:30 PM CST

Testimonial & Question Call
1-212-461-5860 (2369#)

Thurs—8:30 PM CST

24/7 Recorded Introduction
1-212-461-8884

Business Building Calls

Live Business Training Calls
1-646-519-5860 (2369#)

Tues, Thurs, Sat—2:00 PM CST

Live Prospecting Calls
1-646-519-5860 (2369#)

Mon, Tues, Wed—1:00 PM CST

The Power of Pointing.

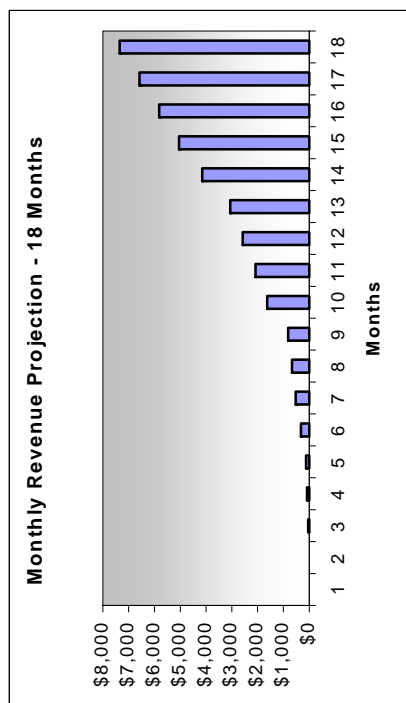
Do not directly try to “sell” Integris products or the Integris opportunity.

Instead, **point** prospects to phone briefings, web sites, CDs, DVDs, audio tapes, marketing materials and stories. Let those “tools” inspire their need to buy. If “YOU” sell, explain or teach... you are probably in the convincing business and, quite frankly, you will get in the way of the message, because some people will be distracted by the fact that you’re loud, quiet, tired, trying to hard, not in there comfort zone, etc. may trigger their defenses.

Get out of the way. Point the people to the tools. Find out what they need.



**Point to the Way
Don't Get in the Way**



Can an ordinary person succeed with Integris?

The most common question that people ask themselves when contemplating the Integris business is: ‘Is it likely that I will succeed?’

Before we help you answer that question, there are three things to remember about your Integris home business:

- You have the opportunity to build with “effort equity” an income and business that you could probably not otherwise create without access to a great deal of capital.
- You will be underpaid... until you are overpaid.

- You will have to persevere in faith longer than you imagine.

Here are two important questions for you:

- Will you keep it simple and convey the Integris message via your tools?
- Will you enhance your belief (and thereby your effectiveness) by frequently communicating with others who are ahead of you in the path?

If yes, **it is certain that you will succeed!**